

Your Own Blood Does Wonders!

Discover The Healing Power of Platelets Rich Plasma

Innovative PRP Pain Relief Solution

PRP therapy uses your body's own Platelet-Rich Plasma to relieve pain through a highly advanced and innovative approach. By using a small sample of your blood, PRP concentrates the natural healing properties of your body to support faster recovery and long-lasting results.

How Platelet-Rich Plasma Supports Injury Healing

When your body experiences an injury, it naturally sends platelets, white blood cells, and other healing components to the affected area. These cells work together and communicate with each other to trigger the body's natural repair process. This response occurs not only with serious injuries but also with minor bruises and cuts.

During the healing process, your body produces powerful growth factors that support tissue repair. At Nu Life Medical, a small sample of your blood is drawn to prepare PRP rich in these growth factors, which is then injected directly into the injured area. This targeted treatment helps speed up recovery, improve poorly healing tissue, reduce pain, and enhance joint mobility.



Where PRP Is Commonly Used

Platelet-Rich Plasma injections are commonly used to treat a wide range of orthopedic injuries and degenerative conditions, including arthritis.

Typical conditions treated with PRP include:



Pain
management



Injured tendons,
ligaments, muscles,
and joints



Musculoskeletal
diseases



Osteoarthritis
of the knee



And more!

PRP offers long-lasting, often near-permanent results that work more effectively than traditional pain injections. It is a minimally invasive outpatient procedure with little to no downtime.

Our PRP Treatment Process

Because PRP uses the healing factors from your own blood, the risk of side effects is very low. Most patients notice initial improvement within a few weeks, with results continuing to develop as the healing process progresses. PRP works by activating your body's natural repair system, providing long-lasting relief by treating the source of the pain.

How It Works:

- 1 A small sample of your blood is drawn.
- 2 The blood is placed in a centrifuge and spun at high speed to separate its components—plasma, platelets, white blood cells, and red blood cells.
- 3 The concentrated platelet-rich plasma is then injected into the affected joint or treatment area.

These injections are performed in-office, and the entire PRP procedure typically takes about 30 minutes from start to finish.



Who Can Benefit from PRP?

You may benefit from PRP treatment if you are experiencing any of the following conditions:

- Chronic pain lasting three months or longer
- Acute injuries such as sprains, strains, or muscle, ligament, or tendon tears
- Ongoing pain despite non-surgical treatments like physical therapy, NSAIDs, activity changes, or steroid injections
- Findings from diagnostic imaging such as X-rays, MRI, CT scans, or ultrasound
- A desire to delay or avoid surgery altogether

A consultation can help determine if PRP is the right option for your condition.

What Results Can You Expect?

Many patients begin to notice improvement within the first few weeks after Platelet-Rich Plasma therapy, with results continuing to build as the healing process progresses. PRP is designed to reduce pain by repairing damaged tissue, often providing long-lasting benefits. Research has shown this therapy to be highly effective in helping patients return to their normal activities. In many cases, ultrasound and MRI scans have confirmed clear tissue repair after PRP treatment. Addressing injuries early may also help reduce the need for surgery in the future.

Schedule a No-Obligation Consultation

If pain or limited movement is holding you back, book your no-obligation consultation today and take the first step toward better mobility and a healthier, more active life.

Professional Athletes and PRP Therapy



Kobe Bryant famously traveled to Germany during his career to undergo regenerative treatments for chronic knee issues. Among these treatments was PRP therapy, which was used to address inflammation and degenerative changes in his knee.

Bryant dealt with years of high-impact stress from professional basketball, leading to cartilage wear and tendon strain. PRP was used to potentially stimulate healing in damaged tissue and delay further degeneration. Later in his career, after his Achilles tendon rupture in 2013, regenerative therapies including PRP were also discussed as part of his recovery strategy.

Bryant publicly credited regenerative medicine treatments with helping extend his career. His use of PRP helped normalize the concept of biologic therapies among professional athletes and the general public.





Tiger Woods has undergone multiple knee surgeries throughout his career, including ACL reconstruction and treatment for chronic patellar tendinitis. As part of his recovery process, he reportedly used Platelet-Rich Plasma (PRP) therapy to help enhance tissue healing and reduce inflammation.

PRP therapy involves drawing a small amount of the patient's blood, centrifuging it to concentrate platelets, and injecting the platelet-rich solution into the injured area. Platelets release growth factors that may promote tissue repair, collagen production, and reduced inflammatory response.

For Woods, PRP was used as an adjunct to surgery and rehabilitation—not as a standalone treatment. His return to competitive golf, including winning the 2019 Masters, helped bring public attention to biologic therapies like PRP in sports medicine. While PRP does not guarantee recovery, it has become increasingly common among elite athletes dealing with tendon and ligament injuries.

