

# Are Your Knees in Pain?

Imagine life without that discomfort,  
moving freely and feeling like yourself again, all without surgery.

- ➔ Are you tired of knee pain when standing, sitting, or walking?
- ➔ Do you find yourself searching for a place to sit when you're out?
- ➔ Have you had to cut back or stop activities that once felt easy?

Chronic knee pain can affect people of all ages -- and we're here to help.

If you've been diagnosed with osteoarthritis, you know the discomfort comes from joint degeneration. You may have been told that surgery is your only option, but there is a minimally invasive alternative worth considering.

## Advanced Arthritis Relief Protocol (AARP Program)

AARP can help you avoid surgery.

This non-surgical treatment begins with viscosupplementation, where a natural substance is injected into the knee joint to restore lost lubrication. It can be an effective option if you haven't found relief from painkillers, medications, therapeutic exercises, or even previous surgical procedures.



## What Makes Our Protocol More Effective

### Build Strength and Mobility

Our goal is to help you feel better so you can move with confidence. The final step of the protocol is physical therapy, designed to strengthen your joints and surrounding muscles. When combined with the injections and the offloading knee brace, physical therapy helps reduce pain and restore mobility, so you can get back to feeling your best, without surgery.

### No-Obligation Consultation

If knee pain or limited movement is holding you back, schedule your no-obligation consultation with us and take the first step toward a more active, comfortable life.

## What Makes Our Protocol More Effective



Elite Care has helped my knee feel so much better. I love the staff, they are truly wonderful. I highly recommend this to anyone having knee problems.



Before I came to Elite Care, my pain was severe. After my third visit, I put my cane and walker away. By the time I finished my treatment, I felt like a new man!

